BOARD OF MANAGEMENT
FOR
ALCOHOL AND DRUG SERVICES

ANNUAL REPORT

April 1, 1988 - March 31, 1989

92-01336/

BOARD OF MANAGEMENT
FOR
ALCOHOL AND DRUG SERVICES

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1. CHAIRPERSON'S REPORT

There is no doubt that there is a very real and substantial problem of alcohol and drug abuse in Canada, and in particular in the Northwest Territories. The need to address this increasing social problem is evident and merits special concern.

In anticipation of the transfer of the National Native Alcohol and Drug Abuse Program (NNADAP) in April, 1988, to the Government of the Northwest Territories, the Board of Management for Alcohol and Drug Services was appointed by the Minister of Social Services effective March, 1988. The Board is responsible for advising the Minister on alcohol and drug problems, priorities and initiatives, and reviews program applications and recommends funding levels.

Since most of the Board members were new, we were faced with many challenges and issues to be resolved. This encouraged us to ask various questions, seek accurate information, listen to the communities and to each other and to channel our energies to work together as a team. This team spirit continues to grow.

During the fiscal year 1988/89 the Board was faced with the demanding task of reviewing and recommending funding for thirty (39) alcohol and drug programs with requests totallying $5.1 million, with a fund of $4.5 million. In spite of this, decisions made by the Board proved to be successful, since the contribution fund was fully committed for the year without resorting to a last minute year end initiative.

The Board has made some progress in formulating and working towards its goal and objectives as you will read in the report, however the success of achieving sobriety in the North must be the ownership of the communities, and to a great extent will rest on the leadership from within the communities.

Since the Alcohol and Drug Co-ordinating Council (ADCC - previous regional advisory board for NNADAP) which began thirteen (13)

CHAIRPERSON'S REPORT CONT'D:

years ago, much progress, although slow, has been made in addressing the alcohol and drug problems in the North. Alcohol and drug abuse is not an isolated problem, and true progress can only be achieved when people in the communities are committed to solving the devasting problem of alcohol and drug abuse together.

The Board hopes to continue to channel its energies towards its goal of sobriety in the North, and in keeping with its mandate of advising the Territorial Government on policy and legislation.

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Chairperson, Nancy Peel

2. AN INTRODUCTION TO THE BOARD OF MANAGEMENT FOR ALCOHOL AND DRUG SERVICES:

i. History

In June 1987, a paper entitled "The Model for the Delivery of Alcohol and Drug Services in the N.W.T." was approved by the Legislative Assembly.

This paper was prepared to ensure that with the transfer of the Federal Health Programs, including the National Native Alcohol and Drug Abuse Program (NNADAP) in April, 1988, the Territorial Government would have in place an organizational structure that would allow for an orderly transfer and development of Alcohol and Drug Services.

This paper also formed the basis of the Report, dated October 1987, by Lutra Associates entitled "The Immediate Implications of implementing a Board of Management for the Delivery of Alcohol and Drug Services". The Report addressed the current deficiencies of the Board of Management as outlined in the Model, the Principles of the Model and the Responsibilities of the Board.

The Board of Management was appointed by the Minister of Social Services in December, 1987. The Board consists of nine members. Eight members were appointed for terms of two to three years, to ensure continuity, and with representation from Native, Metis and Inuit organizations.

The Board reports directly to the Minister of Social Services.

The newly formed Board of Management for Alcohol and Drug Services met for the first time in March, 1988. All submissions for funding for Alcohol and Drug Programs originating in the Northwest Territories are now administered by the Board.

BOARD OF MANAGEMENT
FOR
ALCOHOL AND DRUG SERVICES

ii. **Membership 1988/89**

Name	Location
Chairperson:	
Ms. Nancy Peel	Yellowknife
Members:	
Ms. Helen Maksagak	Cambridge Bay
Mr. Neil Colin	Fort Mcpherson
Mr. Jens Angaangaq Lyberth	Iqaluit
Rev. Irvin Hohm	Norman Wells
Ms. Rosie Oolooyuk	Rankin Inlet
Chief Felix Lockhart	Snowdrift
Dr. Ross Wheeler	Yellowknife

iii. **Purpose of the Board:**

1. To increase alcohol and drug free lifestyles in a program of recovery throughout the Northwest Territories;

2. To serve as an Advisory Committee to the Minister of Social Services with responsibility for allocating grants under the Alcohol and Drug Contribution fund;

3. To advise the Minister of Social Services on the effectiveness of Territorial policies, programs and services and changes needed.

iv. **Goals and Objectives of the Board:**

Goal:

To increase alcohol and drug free lifestyles in a program of recovery throughout the Northwest Territories

Objectives:

1. To increase access to and effectiveness of treatment programs

2. To increase access to and effectiveness of intervention/follow-up program

Key Result Areas:

1. Establish culturally appropriate treatment programs for Inuit

2. Expand access to treatment facilities (insured and non-insured services)

3. **Shift emphasis for northern treatment centres to spouse/family inclusion**

4. **Pilot project to test effectiveness of Mobile treatment**

5. **Shift orientation of community-based projects to intervention and follow-up (move away from prevention/education)**

v. **Types of Projects Funded** fall into one of four (4) major categories:

RESIDENTIAL TREATMENT - Residential treatment includes detoxification, rehabilitation, recovery services, individual and group counselling, therapy, recreational activities and extended care. This type of project is the most costly.

NON-RESIDENTIAL COUNSELLING - Counseling for individuals or families who are experiencing problems related to alcohol and drugs is provided on an outpatient basis.

PREVENTIVE/EDUCATIONAL - Projects designed to provide communities, schools and agencies with information about alcohol and drugs so that individuals can become more aware leading to more responsible decision making about the use of alcohol and drugs.

SPECIAL INITIATIVES - Short term projects designed to enhance and complement existing alcohol and drug projects, by increasing awareness and knowledge of the ill effects of the abuse of alcohol and drugs. These initiatives also encourages sharing of experiences, development of ideas to deal with specific problems and increases networking between communities

vi. Community Alcohol and Drug Specialists

The transfer of the Federal Alcohol drug funding (NNADAP) to the Government of the Northwest Territories also necessitated changes in the administrative structure and functions by the creation of a new Division of Alcohol, Drugs and Community Mental Health Services, within the Department of Social Services.

In this context, regional planning for community alcohol and drug services was initiated this year, along with the deployment of regional alcohol and drug specialists to each region.

These specialists act as professional resources to the community projects, offering advice and assistance in the planning, administration, delivery, monitoring and evaluation of alcohol and drug services.

3. ACTIVITIES AND PROGRESS OF THE BOARD

i. New Direction of the Board

The Board held four (4) meetings during the fiscal year 1988/89 during which time significant progress in the areas of policy development and program planning were made.

The most pivotal was the Board's change in focus in the direction of more emphasis on treatment and rehabilitation which was endorsed by the Minister of Social Services. In promoting this change in focus, the Minister requested $250,000 in the 1989/90 Main Estimates which, if approved, was to be allocated to the development of a Strategic Plan for alcohol and treatment, projecting both needs and program for the next five (5) to ten (10) years. This plan would also address the current inequities in funding for treatment centres, and in access to treatment resources for different groups.

ii. **Mobile Treatment**

The Minister also endorsed the Board's proposal to pilot the Mobile Treatment for the 1989/90 fiscal year. Funding for this project was to come from the National Drug Strategy.

The concept of a Mobile Treatment Team was seen as an excellent way to address the lack of treatment resources in the North.

One of the main contributing factors in promoting Mobile Treatment, was the fact that clients could remain with their families and have the support of the community while undergoing treatment. This has always been recognized as an effective and positive aspect of a treatment program.

iii. **Training for Alcohol and Drug Workers**

This issue was discussed at all board meetings and some progress was made in 1988/89. The Nechi Basic and Advanced Training were held in Yellowknife and at the end of March 1989, there were sixty (60) workers with their Basic training and fourteen (14) with their Advanced training. Twenty of the sixty were trained during 1988/89.

iv. **Other Activities and Progress made**

a) Standards and Criteria for alcohol and drug projects:

A set of Standards and Criteria for evaluating Alcohol and drug projects was established and approved by the Minister of Social Services.

b) Adequate and Equitable Funding for Community Alcohol and Drug Projects:

The Board has made every effort to provide equitable and

adequate funding to projects. It was successful in achieving a 4% increase in salaries for all alcohol and drug workers for 1988/89.

The Wage Parity exercise initiated by the Alcohol and Drug Coordinating Council (ADCC) had resolved some of the problems with salary levels, but the Board will be updating it to achieve complete equity.

c) Qualification of Alcohol and Drug Project Staff:

Although the Board believed that qualified people should be employed as alcohol and drug project staff, it realised that this was not always feasible in the communities and grappled with the issue of who should be setting the standards for the project staff, the Board or the program sponsor. This was an on-going issue for 1988/89.

d) Funding Guidelines:

As a result of the above issues, the Board determined that Funding Guidelines was a necessity for the community alcohol and drug projects. However, due to the newness of the Board, these guidelines will have to be formulated gradually.

e) Travel for Board Members:

Due to the limited contribution funding available, travel for board members had been gravely reduced. The Board will continue to address this issue in the future.

v. Alcohol Awareness Week

Alcohol Awareness Week was held November 13 - 19, 1988. The theme of this week was "Keep the Circle Strong". Events were planned for the family, youth and the general public.

Some of these activities included an Alcohol and Drug Awareness Workshop; a youth dance chaperoned by parents and workers in the field and a Bonfire/Skating family event at McNiven Beach where hot dogs and hot chocolate were served. An Information Booth was also open to the public from 10:00a.m. to 4:00 p.m. daily at the Panda 11 Mall.

4. PROJECTS RECOMMENDED AND APPROVED FOR FUNDING:

BAFFIN REGION

Preventive /Educational/ Counselling Programs:

1. Alcohol and Drug Education Program - Arctic Bay - $27,250.00
2. Alcohol Education Committee - Broughton Island - $70,241.00
3. Kingait Aulatsivik Centre - Cape Dorset - $104,184.00
4. Alcohol Education Committee - Clyde River - $39,455.00
5. Alcohol Education Committee Program - Lake Harbour - $41,808.00
6. Alcohol Education Committee - Pangnirtung - $22,415.00
7. Alcohol and Drug Education Program - Pond Inlet -$78,916.00
8. Alcohol Education Committee - Resolute Bay - $2,020.00 (new program started September 1, 1988)
9. Educational and Preventive Program - Sanikiluaq - $32,690.00
10. Tuvvik/BRADIC - Iqaluit - $365,770.00

FORT SIMPSON AREA

Preventive/Educational/Counselling Programs:

1. Alcohol and Drug Abuse Program - Ft. Liard - $84,225
2. Zhati Koe Alcohol and Drug Abuse Program - Ft. Providence - $62,032.00
3. Fort Simpson Area Counselling - Fort Simpson - $91,836.00

FORT SMITH AREA

Preventive/Educational/Counselling Programs:

1. Community Development Society - Fort Resolution - $91,610.00
2. Uncle Gabe's Friendship Centre - Fort Smith - $157,686.00
3. Alcohol and Drug Program - Hay River - $126,704.00
4. Alcohol and Drug Program - Hay River Reserve - $74,582.00

INUVIK REGION

Preventive/Educational/Counselling Programs:

1. Alcohol and Drug Program - Aklavik - $112,464.00
2. Alcohol and Drug Abuse Program - Arctic Red River - $37,965.00
3. Basic Awareness Program - Fort Franklin - $112,733.00
4. Fort Good Hope Drop in Centre - Fort Good Hope - $109,249.00
5. Fort Norman Drop in Centre - Fort Norman - $73,000.00
6. Fort Norman Child Development - Fort Norman - $54,255.00
7. Peel River Alcohol Program - Peel River - $144,847.00
8. Alcohol and Drug Awareness Centre - Sachs Harbour - 14,584.00 (July 1 to March 31, 1989).
9. House of Hope - Tuktoyaktuk - $92,278.00
10. Knute Lang Camp - Aklavik - $296,067.00

Residential:

11. Delta House Treatment Centre - Inuvik - $410,000.00

KEEWATIN REGION

Preventive/Educational/Counselling Programs:

1. Akiuqtit Society - Baker Lake - $142,460.00
2. Sapuniaqtitit Centre - Eskimo Point - $140,256.00
3. Sappujjujit Friendship Centre - Rankin Inlet - $52,773.00 (to September 31, 1989).

KITIKMEOT REGION

Preventive/Educational/Counselling Programs:

1. Katimavik Society - Cambridge Bay - $218,414.00
2. Alcohol Awareness Program - Coppermine - $30,000.00 (July 1 to March 31, 1989)
3. Alcohol and Drug Abuse Program - Holman Island - $46,426.00 (July 1 to March 31, 1989)
4. Alcohol and Drug Program - Spence Bay - $38,164.00

RAE EDZO AREA

Preventive/Educational/Counselling Program:

1. Rae Edzo Counselling Services - Rae Edzo - $123,482.00

YELLOWKNIFE AREA

Preventive/Educational/Counselling Programs:

1. Lutsel K'e Alcohol Program - Snowdrift - $62,290.00
2. The Tree of Peace Alcohol Program - Yellowknife - $121,538.00

Residential:

3. Northern Addiction Services - Yellowknife - $396,956.00

SPECIAL INITIATIVES (PROJECTS):

1. N.W.T. Mental Health Association - Yellowknife - $121,582
2. Metis Association - $13,936.00
3. Fort Wrigley Dene Band - $1,158.00

CAPITAL FUNDING:

1. N.W.T. Mental Health Association - $28,114.00
2. Tuktoyaktuk Alcohol Committee - $5,000.00